

SHAWANO COUNTY SENIOR NUTRITION PROGRAM

September 2023

DAILY AT SHAWANO, MONDAYS AT BOWLER,
TUESDAYS AT BIRNAMWOOD, WEDNESDAY AT WITTENBERG
THURSDAY AT TIGERTON

Shawano 715-526-9311 • Wittenberg 715-253-2421

ALL MEALS INCLUDE MILK.
Menu is subject to change based on availability
THIS IS A GENERAL DIET SERVED TO
THOSE WITH NO DIET RESTRICTIONS.



MONDAY SEPTEMBER 4

CLOSED



MONDAY SEPTEMBER 11

Brat Patty
French Fries
3 Bean Salad
Applesauce
Dessert

MONDAY SEPTEMBER 18

Beef Stroganoff over Egg
Noodles
Juice
Green Beans
Pears & Dessert

MONDAY SEPTEMBER 25

Hot Dog
Peas
Mac and Cheese
Juice
Fruit
Dessert

TUESDAY SEPTEMBER 5

Pizza Bake
Cottage Cheese
Peaches
Juice
Dessert

TUESDAY SEPTEMBER 12

Spaghetti and Meatballs
Spinach Salad
Juice
Dessert

TUESDAY SEPTEMBER 19

Chicken Veggie Wrap
Chips and Dip
Pea and Cheese Salad
Pineapple
Dessert

TUESDAY SEPTEMBER 26

Baked Chicken
Mashed Sweet Potatoes
Green Beans
Peaches
Dessert

WEDNESDAY SEPTEMBER 6

Beef Roast
Mashed Sweet Potatoes
French Green Beans
Cranberry
Dessert

WEDNESDAY SEPTEMBER 13

Pork Loin
Mashed Potatoes
Broccoli
Fruit
Dessert

WEDNESDAY SEPTEMBER 20

Summer Soup
Juice
Cottage Cheese
Fresh Fruit
Dessert

WEDNESDAY SEPTEMBER 27

Ham
Scalloped Potatoes
Baked Beans
Fruit Cocktail
Dessert

THURSDAY SEPTEMBER 7

Cream of California Veggie Soup
Egg Salad Sandwich
Chips and Dip
Fresh Fruit
Dessert

THURSDAY SEPTEMBER 14

Herbed Chicken Breast
Over Wild Rice
Oriental Vegetables
Mandarin Oranges
Salad & Dessert

THURSDAY SEPTEMBER 21

Salisbury Steak
Baby Reds
Broccoli
Applesauce
Dessert

THURSDAY SEPTEMBER 28

Meatloaf
Mashed Potatoes
California Blend
Applesauce
Dessert

FRIDAY SEPTEMBER 1

Fish Fry
German Potato Salad
Spinach Salad
Pears
Dessert

FRIDAY SEPTEMBER 8

Pepper Steak
Mashed Potatoes
Spinach Salad
Apricots
Dessert

FRIDAY SEPTEMBER 15

Pea Soup
Cottage Cheese
Pineapple
Apples and Carmel Dessert

FRIDAY SEPTEMBER 22

Hamburger
Sweet Potato Fries
Baked Beans
Fruit Cocktail
Dessert

FRIDAY SEPTEMBER 29

Baked Potato Soup
Ham Sandwich
Spinach Salad
Apricots
Dessert